



# BLOCK BUILDING

Take building blocks, lego, duplo, or even recycling rubbish ready for the recycling bin and let your imagination run wild! Create castles, bridges, houses and more! Listen to your child and discuss ideas together. Talk about sizing such as making things 'bigger', 'taller', 'wider' or the opposite such as 'smaller', 'shorter', etc.

Make towers and involve your child/ children counting the blocks as you add more...

Take turns, teaching patience and waiting can be a good thing too... Think about descriptive words to describe the shapes being used, not only 'triangle', 'square', but 'round', 'tall', 'short', 'long'...as well as colours too! Ask them if they can suggest a solution to making a tower taller, which piece to use.

For the extra adventurous , you could create a calendar of challenges such as the one displayed below—this is just an example list.

The tallest tower imaginable!

Bridges

Dream homes

Rockets

Have fun!



You may have already done something similar to this when showing your appreciation for the NHS for the last couple of weeks, but you can use those pots and pans for your children to make more music! Using different utensils to create differing sounds and volume levels, and you can change the tempo of the noise too and see if your child can copy the sound too!

You can sing along to any songs you wish and tap along to the beat, whether this is a nursery rhyme or a song which you both enjoy on the radio. You can get your child to suggest ways to change the beat, the tempo and the volume.

It will also be an opportunity for your child to choose the 'instrument', whether it is the 'big' pan or a 'small' spoon. Use this opportunity to include the language of size when you present these choices to your child.

Embrace your inner 'Phil Collins' and have a ball!

