

Goldilocks and the Three Bears Activities



What happened in the story? When Goldilocks went into the bears house she found objects in sets of three – three bowls of porridge, three chairs and three beds.

Activity: Can you find three similar objects around your home that are big, medium sized and small? - You could look for items of clothing, shoes, blankets, beds, chairs, teddy bears, or cars!

What to do next: Once you have found the different items, can you put them into order? From big to small – just like in the story!

What to talk about: Use the words “Big”, “Medium sized” and “Small”, encourage your child to use the same words. Count the objects as your child finds them, “One, two, three”, have they found too many objects or not enough? Do they need “More” or “Less”?



What happened in the story? When Goldilocks went into the bears house she found three bowls of porridge.

Activity: Using raw porridge oats, encourage your child to fill different sized bowls using a spoon. Count how many spoonfuls of porridge each bowl contains.

What to do next: Once you have filled the bowls with porridge and counted how many spoonfuls each one needed you could compare the numbers. Which bowl has the highest number of spoonfuls, which has the fewest. You could make marks on a piece of paper to represent each spoonful (for example encourage your child to draw a line for each spoonful they use – once the bowl is full, count the lines to see how many the bowl needed.)

What to talk about: As you fill the bowls, count the spoonfuls of oats you are using. Encourage your child to use number names, “One, two, three, four, five, six”, etc until they are “Full”. Which bowl needed “More” spoonfuls.

Activity: It is important for children to understand the structure of a story and be able to digest different parts of the story in order to gain a better understanding of what is happening.

Story structure: Every story we read has a beginning, a middle and an end. Ask your child questions relating to the story. “Can you remember what Goldilocks found first?”, “I wonder what she found next”, “What was the last thing Goldilocks found?” “What happened at the end of the story?”.

Feelings relating to the story: “How would you feel if someone ate your breakfast?”. “When Goldilocks saw the bears, I wonder how she felt?”

