

The Gingerbread Man

We know the story of 'The Gingerbread Man' is popular with the children and they enjoy singing the rhyme, "Run Run as fast you can , you can't catch me I am the gingerbread man" Here are a few fun activities you could do at home.

Homemade Gingerbread Men Biscuits

Have a go at making your own gingerbread men. We would love to see pictures of your homemade gingerbread men.

Homemade Gingerbread men Recipe

Ingredients

- 350g/12oz plain flour, plus extra for rolling out
 - 1 tsp bicarbonate of soda
 - 2 tsp ground ginger
 - 1 tsp ground cinnamon
 - 125g/4½oz butter
 - 175g/6oz light soft brown sugar
 - 1 free-range egg
 - 4 tbsp golden syrup
 - writing icing (optional)
 - cake decorations (optional)

Method

1. Sift together the flour, bicarbonate of soda, ginger and cinnamon and pour into the bowl of a food processor. Add the butter and blend until the mix looks like breadcrumbs. Stir in the sugar.
2. Lightly beat the egg and golden syrup together, add to the food processor and pulse until the mixture clumps together. Tip the dough out, knead briefly until smooth, wrap in cling film and leave to chill in the fridge for 15 minutes.
3. Preheat the oven to 180C/160C Fan/Gas 4. Line two baking trays with greaseproof paper.
4. Roll the dough out on a lightly floured surface. Using cutters, cut out the gingerbread men shapes and place on the baking tray, leaving a gap between them.
5. Bake for 12–15 minutes, or until lightly golden-brown. Leave on the tray for 10 minutes and then move to a wire rack to finish cooling. When cooled decorate with the writing icing and cake decorations, if using.



Creative Gingerbread Men

You could make a batch of ginger playdough. Once the playdough is ready you can roll out the dough and cut out gingerbread men and decorate them using items such as: buttons, googly eyes, pipe cleaners, raisins, currants, smarties etc.

Alternatively you could make a cardboard gingerbread man template and decorate using art and craft supplies available at home.

Five little Gingerbread Men Song

You could use props to help aid with song maybe using the creative gingerbread men you have made.

Five little gingerbread men lying on a tray, One jumped up and ran away. Shouting "Catch me, catch me, catch me if you can I am really quick I am the gingerbread man. (Repeat four, three, two and one.)

No more little gingerbread men lying on the tray, They all jumped up and ran away. Oh, how I wish they had stayed with me to play. Next time I will eat them before they run away.