

Day	Activity	What to do
One	<p>Choose a book to share together for the week.</p> <p>Listening walk</p>	<p>Sit together and read the story to your child.</p> <p>Stand in the garden with your child and encourage them to listen by touching their ear and saying, "Listen, what can you hear?" Pause for about ten seconds and if child has not replied, say, "I can hear..." Remember, if there is no noise, say how quiet it is as it is important to be able to listen to silence as it is noise.</p>
Two	<p>Read chosen book</p> <p>Find an item</p>	<p>Sit together and read the story to your child, pointing out different parts, such as what's in the pictures.</p> <p>Collect a group of five/six items. You could lay them out on a towel or tray so that your child will focus on them more. With your child, name the items. Next ask your child to give you two items. This encourages listening and attention skills. You can extend to 3 or 4 items depending on how easy your child finds the activity.</p>
Three	<p>Read chosen book</p> <p>Understanding Preposition</p>	<p>After reading the book, talk about the story and ask your child simple questions about the story. For example: What happened at the end of the story? Which character did you like best? What was your favourite part?</p> <p>Using a toy, place it in various positions around the objects in your home. Ask your child if the toy is on top of or under the sofa, behind or in front of the chair, at the side or in the middle of the table, etc. Extend the activity by asking your child to place the toy in certain positions.</p>
Four	<p>Read chosen book</p> <p>'Squiggle While You Wiggle'</p>	<p>After reading the book, ask your child some other simple questions about the story or ask them to tell another family member about it.</p> <p>Encourage your child to lie down on the floor and place a piece of paper in front of them. Then give them a pencil/crayon to hold in each hand. Then saying the rhyme, "Going forwards and backwards, forwards and backwards, side to side, side to side, round and round, ready to start again," encourage your child to move the pencil/crayon in the response to the instructions. Talk about the marks they have made.</p>

Five	<p>Read chosen book</p> <p>Work out day</p>	<p>After reading the book, ask your child if they can re-tell the story to you, using the pictures to help them.</p> <p>Find a piece of music to play and encourage your child to move their body in response to the music. Talk about the different movements they are making, naming body parts they are using and introducing vocabulary : wiggle your hips, bend your knees, etc. Is the music fast or slow? Does it make you feel happy or sad?</p>
Six	<p>Read chosen book</p> <p>Basic Shapes</p>	<p>After reading the book, ask your child to re-tell the story to another family member or to their favourite toy or teddy.</p> <p>Show your child pictures of basic shapes or find shaped objects from around your home – square, rectangle, circle and triangle. Name the shapes and talk about them, such as a square has four sides that are the same length, etc. Next encourage your child to find a particular shape.</p>
Seven	<p>Read chosen book</p> <p>Making snack/lunch</p>	<p>After reading the book, talk about the story and what they have enjoyed about it. Together decide which story they would like next.</p> <p>Encourage your child to help make a snack/lunch – help to count out bread/crackers/pieces of fruit/vegetables</p> <ul style="list-style-type: none"> -cut pieces of fruit/vegetables -spread margarine/jam/cheese spread onto bread or crackers