



Seaham Harbour Nursery School

Intimate Care Policy

No child is excluded from attending Seaham Harbour Nursery School who may, for any reason, not yet be toilet trained and who may be still wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained. All children can have toileting accidents from time to time and have the right to be cleaned and changed with respect and care. The following are guidelines for changing children who are wet or soiled.

Aims

- To either begin or continue the child's toilet training in harmony with home procedures, to enable the child to become as independent as they can possibly be.
- To advise parents where necessary
- To enable the child to have privacy and respect whilst safeguarding ourselves
- To give the child a basic understanding of hygiene
- To maintain high standards of health and hygiene whilst protecting ourselves from infection.

Procedures

- Young children who are in nappies or 'pull ups' will have them checked throughout their nursery session. Children who are undergoing toilet training will be reminded to go to the toilet at regular intervals during the sessions and over the lunchtime period.
- Unless there is a medical reason, children attending nursery school should wear pants as soon as they are comfortable with this.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Gloves and aprons are worn by staff before changing starts and the areas are prepared.
- Each child should bring their own supply of nappies/pull ups and wipes.

- Children are encouraged to wash their hands using soap and drying with hand driers or towels.
- Children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or 'pull ups' is flushed down the toilet and the nappy or 'pull up' is bagged and put in the bin. Ordinary pants that have been wet or soiled are bagged for the parent to take home.
- When children have been changed the child's name and time are recorded on a log sheet, signed by the member of staff changing and witnessed by another.
- All teaching staff (i.e. both teachers and nursery nurses) have a responsibility for changing children. Students and volunteers are not allowed to change children
- All staff are familiar with the hygiene procedures and carry these out when changing children.
- Children should not be left for long periods in wet or soiled nappies/'pull ups'/clothes. We have a 'duty of care' towards children's personal need.
- We keep a few basic sets of clothes.(Boys and girls' pants, socks, trousers, t-shirts, jumpers, etc...), these are usually donated by parents. Depending on the child's needs or frequency of 'accidents' we sometimes ask parents to provide a supply of clothes for their child.

When toilet training children we have high expectations and approach the whole subject in a calm and non-blaming way. Little attention is given to continual wetting or soiling and positive reinforcement given when the child manages to use the toilet or stay dry. Simple explanations can be given to the child about why it is so good to stay clean and dry. These principles can be shared with parents who may need support in this area.

We would hope to talk about any or all aspects of toilet training with parents at all stages to keep them fully informed about progress or concerns at school.

