



SEAHAM HARBOUR NURSERY SCHOOL

POLICY STATEMENT ON SUN SAFETY AT NURSERY

The nursery is concerned about protecting staff and pupils from sunburn and from skin damage that can be caused by the harmful ultraviolet rays in sunlight. As sunburn and almost all skin cancer are caused by the sun, it is possible to prevent this from happening. The nursery believes that by encouraging sun safe behaviour and teaching children about the risks of sunlight, we can prevent them from burning and contribute towards preventing skin cancer.

Some children are at greater risk of sunburn than others. Fair skinned, freckled children who burn easily are at most risk and need to take great care when out in the sun. Brown and black skinned children have a much lower risk of sunburn but still need to take care and protect themselves in stronger sunlight.

The nursery policy states that nursery staff will supervise the application of sunscreen in nursery or while attending educational visits, if deemed necessary. The children will be encouraged to 'rub it in' themselves where possible, but that assistance may be given. Cream will only be applied to face, arms, neck and shoulders. Please indicate whether you are happy for approved staff to do this and note that cream will not be applied without your written permission.

If your child has any allergies or has sensitive skin you may want to check with your GP before providing a sunscreen / or allowing your child to use the product provided. In this instance you may, if you wish, provide your own cream to be kept at nursery. Please ensure that it is clearly labelled with your child's name and given to a member of staff.

The nursery will inform you if your child has any adverse reaction that may be due to the sunscreen and will take medical advice, if necessary.

The nursery is proactive in preventing risks from sunlight by:

- Making the children aware of the importance of protecting themselves against the rays of the sun, through our curriculum.
- Encouraging them to wear a hat and suitable clothing that would protect the skin.
- Encouraging the use of sunscreen and providing sun cream for you to use at nursery if you forgot.

- Encouraging them to seek the shaded areas of the garden.
- By setting a good example.

You as parents can help by:

- Encouraging your child to bring and wear a hat at school and on educational visits.
- Encourage them to wear, or bring with them to nursery, a long sleeved top or cardigan which we can ensure that your child wears when they play outdoors.
- Putting sun cream on your child before they come to nursery.

The nursery is able to provide sunscreen for the protection of pupils at certain times of the day as laid down in the above policy statement and your child will be encouraged to, with adult support, apply this themselves. The particular sunscreen used is **Nivia Sun. Children's Sun Spray. Factor 20/30/50.**

We ask that you complete the attached form so that we have a record of your support and your wishes with regard to sunscreen used by your children and permission for staff to apply the cream, if necessary.

The nursery is reviewing the amount of shade available in the garden and considering what can be done about clothing and hats. Your views are welcomed.

SUN SAFETY AT SEAHAM HARBOUR NURSERY SCHOOL

Parental Consent Form

Child's Name:

Date of Birth:

(Please delete as appropriate)

- I have read the attached letter and support the nursery's approach to sun safety. YES/NO
- I am happy for my child to use the sunscreen product, **Nivia Sun. Children's Sun Spray. Factor 20/30/50** provided by the nursery in accordance with nursery procedures. YES/NO
- I give my permission for approved staff to apply sunscreen when this is considered necessary. YES/NO

Signature:

Date:

Please print name:

Relationship to Child: